

Our menu



	Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	Meat option	Chicken curry served with rice and naan bread Diced CHICKEN cooked in a curry sauce	Pepperoni pizza served with diced potatoes and baked beans (BEEF and PORK)	roast of the day Served with roast potatoes, seasonal vegetables	Beef bolognaise pasta bake served with garlic bread and mixed vegetables Minced BEEF cooked in a tomato sauce	Battered Fish fillet, chips and garden peas
	Veggie option	Vegetable curry served with rice and naan bread Seasonal vegetables cooked in a curry sauce	Cheese and tomato pizza served with diced potatoes and baked beans	Braised Quorn Served with roast potatoes and seasonal vegetables	Tomato and vegetables pasta, served with crusty bread and salad Seasonal vegetables cooked in a tomato sauce, topped with cheese	Vegetable fingers, chips and garden peas vegan
	Light bite	Baked potato served with cheese or beans	Cheese omelette served with salad.	Chicken tikka wrap, served with veg sticks Sliced CHICKEN mixed with a tikka mayo sauce	Baked potato served with cheese or tuna mayonnaise	Sweet and sour vegetable wrap served with vegetable sticks vegan
	Deli	Cheese or ham sandwich	Cheese or egg mayonnaise sandwich	Cheese or Tuna mayonnaise sandwich	Cheese or ham sandwich	Cheese or egg mayonnaise sandwich
	Dessert	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Week 2	Meat option	Tuna and Sweetcorn pasta served with crusty bread and salad TUNA FISH in a creamy sauce with sweetcorn, topped with a herby crust	<i>All day breakfast.</i> pork sausage and bacon served with baked beans and hash browns PORK sausage with PORK bacon	roast of the day Served with roast potatoes, seasonal vegetables	Breaded chicken burger in a bun served with spicy vegetable rice and salad Breaded CHICKEN burger	Fish, fingers, chips and garden peas
	Veggie option	Cheese and tomato pasta served with garlic bread and mixed vegetables	<i>All day breakfast.</i> Quorn sausage and mushrooms served with baked beans and hash browns vegan	Braised Quorn Served with roast potatoes and seasonal vegetables	Breaded vegetable burger in a bun served with spicy vegetable rice salad vegan	Vegetable bites, chips and garden peas vegan
	Light bite	Cheese omelette served with salad.	Baked potato served with cheese or beans.	Spicy vegetable wrap served with vegetable sticks vegan	Sweet chilli chicken wrap served with vegetable sticks CHICKEN strips mixed in a sweet chilli sauce	Baked potato served with cheese or beans.
	Deli	Cheese or tuna mayonnaise sandwich	Cheese or ham sandwich	Cheese or egg mayonnaise sandwich	Cheese or ham sandwich	Cheese or tuna mayonnaise sandwich
	Dessert	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY
Week 3	Meat option	Sweet and sour chicken served with rice Diced CHICKEN cooked in a sweet and sour sauce	Ham pizza served with diced potatoes and spaghetti hoops PORK ham	roast of the day Served with roast potatoes, seasonal vegetables	Pork sausage served with mashed potatoes and baked beans PORK sausage	Salmon Fishcakes, chips and garden peas
	Veggie option	Sweet and sour vegetables served with rice Seasonal vegetables cooked in a sweet and sour sauce	Cheese and tomato pizza served with diced potatoes and spaghetti hoops	Braised Quorn Served with roast potatoes and seasonal vegetables	Cheese and potato pie served with baked beans	Quorn dippers, chips garden peas vegan
	Light bite	Baked potato served with cheese or tuna mayonnaise.	Chicken fajita served with vegetable sticks CHICKEN strips with peppers and onions in a spicy mayo dressing	Baked potato served with cheese or vegetable chilli	Cheese omelette served with salad.	Baked potato served with cheese or beans.
	Deli	CHEESE OR EGG MAYO SANDWICH	CHEESE OR HAM SANDWICH	CHEESE OR TUNA MAYONNAISE SANDWICH	CHEESE OR EGGMAYO SANDWICH	CHEESE OR HAM SANDWICH
	Dessert	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY	DESSERT OF THE DAY



What week is it?

February 2023

	M	T	W	T	F	S	S
			1	2	3	04	05
	06	07	08	09	10	11	12
	13	14	15	16	17	18	19
Holiday	20	21	22	23	24	25	26
Wk 1	27	28					

March 2023

	M	T	W	T	F	S	S
Wk 1			01	02	03	04	05
Wk 2	06	07	08	09	10	11	12
Wk 3	13	14	15	16	17	18	19
Wk 1	20	21	22	23	24	25	26
Wk 2	27	28	29	30	31		

April 2023

	M	T	W	T	F	S	S
Wk 3						01	02
Holiday	03	04	05	06	07	08	09
Holiday	10	11	12	13	14	15	16
Wk 3	17	18	19	20	21	22	23
Wk 1	24	25	26	27	28	29	30

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All orders must be placed by midnight the day before the meal is required.

Got a question? Contact us on 01332 701212 or admin@sheltonj.derby.sch.uk

