

Our menu



Monday

Tuesday

Wednesday

Thursday

Friday

Week 1	Meat option	MILD CHICKEN CURRY SERVED WITH 50/50 RICE AND NAAN BREAD	BOLOGNESE PASTA BAKE SERVED WITH CRUSTY ROLL AND SALAD	ROAST OF THE DAY, SERVED WITH POTATOES AND SEASONAL VEGETABLES	PORK SAUSAGES SERVED WITH MASHED POTATOES & VEGETABLES OF THE DAY	FISH & CHIP FRIDAY - OVEN BAKED FISH SERVED WITH CHIPS, GARDEN PEAS AND KETCHUP
	Veggie option	VEGETABLE CURRY SERVED WITH 50/50 RICE AND NAAN BREAD	VEGETABLE PASTA BAKE SERVED WITH CRUSTY BREAD AND SALAD	BRAISED QUORN FILLETS SERVED WITH POTATOES OF THE DAY AND SEASONAL VEGETABLES	QUORN SAUSAGES SERVED WITH MASHED POTATOES & VEGETABLES OF THE DAY	VEGGIE BITES SERVED WITH CHIPS, GARDEN PEAS AND TOMATO KETCHUP
	Light bite	JACKET POTATO SERVED WITH CHEESE OR BEANS	JACKET POTATO SERVED WITH CHEESE OR TUNA MAYO	CHICKEN TIKKA WRAP SERVED WITH CUCUMBER AND CARROT STICKS	JACKET POTATO SERVED WITH CHEESE OR TUNA MAYO	JACKET POTATO SERVED WITH CHEESE OR BEANS.
	Deli	HAM OR CHEESE SANDWICH	CHEESE OR TUNA MAYO SANDWICH	CHEESE OR HAM SANDWICH	CHEESE OR EGG MAYO SANDWICH	CHEESE OR HAM SANDWICH
	Dessert	DESSERT OF THE DAY	DESSERT OF THE DAY	STRAWBERRY ICE CREAM	DESSERT OF THE DAY	ASSORTED COOKIES

Week 2	Meat option	MACARONI CHEESE PASTA WITH BACON SERVED WITH GARDEN PEAS AND SWEETCORN	PIZZA - PEPPERONI PIZZA SERVED WITH DICED POTATOES AND BAKED BEANS	ROAST OF THE DAY SERVED WITH POTATOES AND SEASONAL VEGETABLES	CHICKEN BURGER SERVED WITH SPICY RICE AND BAKED BEANS	FISH & CHIP FRIDAY - OVEN BAKED FISH FINGERS SERVED WITH CHIPS, GARDEN PEAS AND TOMATO KETCHUP
	Veggie option	MACARONI CHEESE PASTA SERVED WITH GARDEN PEAS AND SWEETCORN	CHEESE AND TOMATO PASTA BAKE SERVED WITH GARLIC BREAD AND SALAD	BRAISED QUORN FILLETS SERVED WITH MASHED POTATOES AND SEASONAL VEGETABLES	VEGETABLE BURGER SERVED WITH SPICY RICE AND BAKED BEANS	VEGETABLE FINGERS SERVED WITH CHIPS, GARDEN PEAS AND TOMATO KETCHUP
	Light bite	JACKET POTATO SERVED WITH CHEESE OR TUNA MAYO	JACKET POTATO SERVED WITH CHEESE OR BEANS	BBQ CHICKEN WRAP SERVED WITH CUCUMBER AND CARROT STICKS	JACKET POTATO SERVED WITH CHEESE AND TUNA MAYO	JACKET POTATO SERVED WITH CHEESE AND BEANS
	Deli	CHEESE OR TUNA MAYO SANDWICH	CHEESE OR EGG MAYO SANDWICH	CHEESE OR HAM SANDWICH	CHEESE OR TUNA MAYO SANDWICH	CHEESE OR HAM SANDWICH
	Dessert	DESSERT OF THE DAY	DESSERT OF THE DAY	CHOCOLATE ICE CREAM	DESSERT OF THE DAY	ASSORTED COOKIES

Week 3	Meat option	PORK SAUSAGES SERVED WITH MASH POTATOES AND VEGETABLES OF THE DAY	MILD CHICKEN CURRY SERVED WITH 50/50 RICE AND NAAN BREAD	ROAST OF THE DAY SERVED WITH POTATOES AND SEASONAL VEGETABLES	CHEESE AND HAM PIZZA SLICE SERVED WITH DICED POTATOES AND BAKED BEANS	FISH & CHIP FRIDAY OVEN BAKED FISH STARS SERVED WITH CHIPS AND GARDEN PEAS AND TOMATO KETCHUP
	Veggie option	QUORN SAUSAGE SERVED WITH MASHED POTATOES AND VEGETABLES OF THE DAY	VEGETABLE CURRY SERVED WITH 50/50 RICE AND NAAN BREAD.	BRAISED QUORN FILLETS SERVED WITH STUFFING BALL, POTATOES OF THE DAY AND SEASONAL VEGETABLES	CHEESE AND TOMATO PIZZA SLICE SERVED WITH DICED POTATOES AND BAKED BEANS	VEGETABLE NUGGETS SERVED WITH CHIPS, GARDEN PEAS AND TOMATO KETCHUP
	Light bite	JACKET POTATO SERVED WITH CHEESE OR BEANS	JACKET POTATO SERVED WITH CHEESE OR TUNA MAYO	SWEET CHILLI CHICKEN WRAP SERVED WITH CUCUMBER AND CARROT STICKS	JACKET POTATO SERVED WITH CHEESE OR TUNA MAYO	JACKET POTATO SERVED WITH CHEESE OR BEANS
	Deli	CHEESE OR HAM SANDWICH	CHEESE OR EGG MAYO SANDWICH	CHEESE OR HAM SANDWICH	CHEESE OR TUNA MAYO SANDWICH	CHEESE OR HAM SANDWICH
	Dessert	DESSERT OF THE DAY	DESSERT OF THE DAY	CHOCOLATE ICE CREAM LOG	DESSERT OF THE DAY	ASSORTED COOKIES

What week is it?!

January 2021

	M	T	W	T	F	S	S
Wk 1	10	11	12	13	14	15	16
Wk 2	17	18	19	20	21	22	23
Wk 3	24	25	26	27	28	29	30

February 2021

	M	T	W	T	F	S	S
Wk 1	31	1	2	3	4	5	6
Wk 2	7	8	9	10	11	12	13
Wk 3	14	15	16	17	18	19	20
Holiday	21	22	23	24	25	26	27

March 2021

	M	T	W	T	F	S	S
Wk 1	28	1	2	3	4	5	6
Wk 2	7	8	9	10	11	12	13
Wk 3	14	15	16	17	18	19	20
Wk 1	21	22	23	24	25	26	27
Wk 2	28	29	30	31	1	2	3

April 2021

Wk 3	4	5	6	7	8	9	10
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All orders must be placed by midnight the day before the meal is required.

Got a question? Contact us on 01332 701212 or
admin@sheltonj.derby.sch.uk

