

# PSHE & RSE at Shelton Junior School

Our PSHE (including RSE) provision aims to support children to develop the knowledge, skills and attributes they need to manage their lives, now and in the future. It teaches our children how to stay healthy and safe, achieve their academic potential whilst preparing them to make the most of life and work now and in the future. Children leaving Shelton Junior School will have the social, emotional and personal skills and attributes to enable them to move on to KS3 with confidence.



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| <p>At Shelton Junior School, our <b>POWER</b> curriculum gives us the</p> <p><b>P</b>ower to achieve our dreams, and the</p> <p><b>O</b>rary skills needed to be successful.</p> <p><b>W</b>e are kind to each other and care for our school, community &amp; planet.</p> <p><b>E</b>veryone is equal and treated with respect.</p> <p><b>R</b>eading for knowledge and pleasure gives us the <b>POWER</b> to succeed!</p> |  | <p>Our <b>Shelton Superpowers</b> underpin all aspects of school life as we seek to nurture these qualities in all children in our care:</p> <p><b>Perseverer</b> - resilience</p> <p><b>Reflector</b> - reflectiveness</p> <p><b>Investigator</b> - curiosity</p> <p><b>Thinker</b> - concentration</p> <p><b>Collaborator</b> - collaboration</p> |
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| <b>Power to achieve our dreams</b>   | <b>Oracy skills</b>   | <b>We are kind and caring</b>   | <b>Everyone is equal</b>  | <b>Reading</b>  |
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| <ul style="list-style-type: none"> <li>◆ Understanding of the wider world to help promote future aspirations</li> <li>◆ Inspiration to pursue other interests, in and out of school</li> <li>◆ Children are given the knowledge and opportunities to make good right choices for a 'healthy', safe and successful future</li> <li>◆ Understanding of how to contribute to society in positive and meaningful ways</li> </ul> | <ul style="list-style-type: none"> <li>◆ Debates, discussions and role play activities</li> <li>◆ Providing children with an opportunity to voice their opinions/values in a safe and supportive environment</li> <li>◆ Exploration of 'sticky' words for each new topic</li> </ul> | <ul style="list-style-type: none"> <li>◆ Learning about current issues to help pupils make sense of today's society</li> <li>◆ Recognition of achievements of pupils to promote kindness and caring attitudes</li> <li>◆ Children reflect on their own behaviour and the way in which our actions impact on other people</li> <li>◆ Participation in whole school charitable and national events</li> </ul> | <ul style="list-style-type: none"> <li>◆ All children have access to the PSHE and RSE Curriculum</li> <li>◆ In-class and TA support</li> <li>◆ Participation in whole school charitable and national events, e.g. Children in Need.</li> <li>◆ Children struggling with key concepts supported through ELSA intervention and pastoral support</li> <li>◆ Diversity is taught and that all groups are represented</li> </ul> | <ul style="list-style-type: none"> <li>◆ Taught using high-quality, age-appropriate sources, texts and extracts</li> <li>◆ PSHE/SMSC-themed, quality fiction texts (No Outsiders)</li> <li>◆ Ensuring that texts used represent different groups, cultures and lifestyles, ensuring that diversity is taught</li> </ul> |

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| <p><b>PSHE &amp; RSE Concepts</b></p> <ul style="list-style-type: none"> <li>◆ Health and well-being</li> <li>◆ Relationships</li> <li>◆ Living in the wider world</li> <li>◆ RSE is taught within the PSHE curriculum</li> </ul> |  | <p><b>PSHE &amp; RSE Content</b></p> <ul style="list-style-type: none"> <li>◆ Healthy lifestyles; Mental health; Ourselves; Growing &amp; changing (including Sex Education for Y6); Drugs &amp; Alcohol; Keeping safe &amp; Media literacy &amp; digital resilience</li> <li>◆ Families &amp; close positive relationships; Friendships &amp; Safe relationships; Respecting self &amp; others &amp; Shared responsibilities</li> <li>◆ Living in the wider world; Communities &amp; Economic wellbeing (money, aspirations, work and career)</li> </ul> |
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