

PE at Shelton Junior School

Our PE provision aims to inspire all children to succeed and excel in competitive sport and other physically demanding activities. It will provide opportunities for children to compete in competitive sports embedding values such as fairness and respect. Most importantly, it will support children in becoming physically confident enabling them to lead healthy, active lives.



<p>At Shelton Junior School, our POWER curriculum gives us the</p> <p>Power to achieve our dreams, and the</p> <p>Oracy skills needed to be successful.</p> <p>We are kind to each other and care for our school, community & planet.</p> <p>Everyone is equal and treated with respect.</p> <p>Reading for knowledge and pleasure gives us the POWER to succeed!</p>				<p>Our Shelton Superpowers underpin all aspects of school life as we seek to nurture these qualities in all children in our care:</p> <p>Perseverer - resilience</p> <p>Reflector - reflectiveness</p> <p>Investigator - curiosity</p> <p>Thinker - concentration</p> <p>Collaborator - collaboration</p>	
<p>Power to achieve our dreams</p> <ul style="list-style-type: none"> ◆ Inter-school competitions. ◆ External coaches promoting a range of different sports. ◆ Opportunities to experience a wide range of sports. ◆ Links with universities. ◆ Motivational sports people to visit school. ◆ Inspire days linked to specific sports. 	<p>Oracy skills</p> <ul style="list-style-type: none"> ◆ Exploration of 'sticky' words for each new topic. ◆ RAG-rating and discussion around vocabulary. ◆ Opportunities for learners to communicate their own goals and achievements. ◆ Peer feedback 	<p>We are kind and caring</p> <ul style="list-style-type: none"> ◆ Promoting collaboration and communication in team events. ◆ Demonstrating our Shelton Superpowers when representing the school in the local community. ◆ Recognition of achievements of past pupils and local people to promote kindness and caring attitudes 	<p>Everyone is equal</p> <ul style="list-style-type: none"> ◆ All children have access to the PE National Curriculum ◆ Variety of after school clubs. ◆ Opportunities to engage in a diverse range of sports. ◆ STEP principle (space, time, equipment, people) ◆ Sensory circuits. 	<p>Reading</p> <ul style="list-style-type: none"> ◆ Reading biographies about motivational sports people. ◆ Promotion of books written by famous sports people. ◆ Cross-curricular links, reading non-fiction texts about sports/ sports people. 	
<p>Physical Education Concepts</p> <ul style="list-style-type: none"> ◆ Personal ◆ Social ◆ Cognitive ◆ Creative ◆ Physical ◆ Health and Fitness 				<p>Physical Education Content</p> <ul style="list-style-type: none"> ◆ Competitive attacking and defending. ◆ Running, jumping, throwing and catching. ◆ Flexibility, control and balancing. ◆ Dance and sequencing movements. ◆ Outdoor and adventurous activities. ◆ Swimming 	